

Home Safety Tips During #Coronavirus: **SENIORS**

Falls are the #1 cause of injuries and deaths to seniors at home



Falls

- Keep stairs clear and well lit.
- Watch for slipping/tripping on area rugs, carpets and cords.
- Never climb ladders alone.



Medication Poisoning

- Lock up medicines out of children's reach.
- Use child-resistant packaging *if* children may be around.
- Clearly label medicines to avoid mistakes.



Fires

- Avoid wearing loose clothing while cooking. It can catch fire.
- Keep dangling sleeves away from stovetop.
- Stand by your pan. Don't leave kitchen while cooking.



USCPSC



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Tips by age group
[CPSC.gov](https://www.cpsc.gov)

